

VOCATIONAL REHABILITATION FOR ADULTS

WHAT IS VOCATIONAL REHAB (VR)?

VR is all about supporting people with disabilities to get what they need to work. Every state has a VR agency that must support people with disabilities to get ready to work, find and succeed in their jobs, or return to work. In Kansas, the VR agency is the Department of Children and Families (DCF).



HOW CAN VR SUPPORT YOU?

Work not only supports people with disabilities like you to make money, but it also improves your quality of life. Studies show that people with disabilities who work are healthier, have higher self-esteem, and are more involved in their communities.

To support you to work, DCF must provide the supports you need to identify a job that matches your abilities and interests.

APPLYING FOR VR

To apply for VR supports, contact your local DCF office and ask for an appointment.

You can find the closest DCF office at: bit.ly/3B0zvCW.

You will be eligible for VR supports if:

- ✓ You have a disability
- ✓ You need the support of VR services to work
- ✓ Your disability makes it hard for you to work

Most people with disabilities will be eligible! For example, if you receive SSI or SSDI, you are presumed eligible! Also, you don't have to prove you can work – if DCF doesn't think you are able to work they have to prove you can't by first giving you a chance to work.

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VR SUPPORTS



Once you are found eligible for VR supports, you'll work with a counselor to identify the job you want to get with DCF's help. This must be a job that matches your skills and interests, so it's not just any job, but your job! Then, you will work with your counselor to choose the supports and services you need to get that job.

These can include:

- Counseling
- Job search, on the job training, and job coaching supports
- Medical and mental health services
- Tuition and supplies for education and training programs including college
- Transportation

If you need something to get your job, DCF should provide it.

WILL YOU LOSE YOUR BENEFITS IF YOU WORK?

Many people with disabilities are afraid to work because they think that earning money will cause them to lose the benefits they need – like SSI, SSDI, Medicaid, or SNAP.

You can work some and keep your benefits. We recommend that you talk to DCF. DCF can support you by providing counseling or referring you to someone who can support you with your income so that you don't put your benefits at risk.

WE CAN SUPPORT YOU!



If you need more information about VR or DCF, we can support you.

Please contact us by scanning the QR code or visiting [https://kucdd.](https://kucdd.ku.edu/contact-us)

[ku.edu/contact-us.](https://kucdd.ku.edu/contact-us)