

# VOCATIONAL REHABILITATION FOR HIGH SCHOOL STUDENTS

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## WHAT IS VOCATIONAL REHAB (VR)?



VR is all about supporting people with disabilities get what they need to work. People with disabilities who work are healthier, have higher self-esteem, and are more involved in their communities. Every state has a

VR agency that must support people with disabilities to get ready to work. In Kansas, the VR agency is the Department for Children and Families (DCF).

## WHAT SERVICES CAN I RECEIVE THROUGH KANSAS VR?

- ✓ Job counseling to support you in learning about jobs
- ✓ Work-based learning experiences like internships to develop work skills
- ✓ Learn the skills you'll need to direct your own life
- ✓ Counseling to assist you to explore going to college or other training

## WILL PEOPLE WITH DISABILITIES LOSE THEIR BENEFITS IF THEY WORK?

Many people with disabilities are afraid to work because they think that earning money will cause them to lose the benefits they need – like SSI, SSDI, Medicaid, or SNAP.

You can work some and keep your benefits. We recommend that you talk to DCF. DCF can help by providing counseling or referring you to someone who can help you keep track of your income so that you don't put your benefits at risk.

## WE CAN SUPPORT YOU!



If you need more information about VR, DCF, or Pre-ETS, we can support you. Please contact us by scanning the QR code or visiting <https://kucdd.ku.edu/contact-us>.

[ku.edu/contact-us](https://kucdd.ku.edu/contact-us).